

## Brief Bio

### K. Sonu Gaind

Dr. Gaind is an Associate Professor with the University of Toronto Department of Psychiatry and Chief of Psychiatry/Medical Director of Mental Health at the new Humber River Hospital in west end Toronto. Prior to joining Humber River in 2014 he worked as a psycho-oncology consultant at Princess Margaret Hospital/University Health Network for a decade and a half.

Dr. Gaind is co-Director of the Adult Psychiatry & Health Systems (APHS) Division at the University of Toronto, amongst the largest divisions in the Department of Psychiatry. He serves on the Board and Executive of the Canadian Psychiatric Association (CPA), is an Executive Member and Medical Practice & Tariff Chair of the Ontario Medical Association (OMA) Section on Psychiatry, Chair of the OMA Relativity Advisory Committee and a Past-President of both the Ontario Psychiatric Association and PAIRO [now PARO...there were Internes back then...]. He represented Canada internationally from 2015-2016 during his tenure as President of the Canadian Psychiatric Association (and more distantly in high school represented the country on Canada's two first International Physics Olympiad teams!), and in October 2017 he was elected by the World Psychiatric Association (WPA) Assembly in Berlin to the Board of the WPA as the Global Zone 1 Representative.

Dr. Gaind is a Corresponding Member of the American Psychiatric Association Institute of Psychiatric Services (IPS) Scientific Program Committee and has been Education Chair for the Ontario Psychiatric Association and Course Director for two international continuing medical education organizations. In addition to his academic and leadership roles he has maintained a community practice consulting to family physicians since residency.

Dr. Gaind has worked collaboratively across academic, administrative, and advocacy roles to find strategic opportunities for positive change. By bringing an academic focus and rigour to policy development, he has helped form health policy, developed service delivery models to improve patient care and access for high-need/high-risk patient populations, negotiated significant increased resources for mental health care for "in need" psychiatric patient populations, and engaged medical colleagues across the province and country to be more aware of and advocate against policies that discriminate against the mentally ill.

He has been acknowledged nationally and provincially for his teaching and advocacy work, including being awarded a Presidential Commendation by the CPA for his role in significantly advancing the practice of psychiatry in Ontario, the Jane Chamberlin Award from the AGHPS for Outstanding Contributions to General Hospital Psychiatry, the U of T Department of Psychiatry Henry Durost Award for Excellence in Creative Professional Activity, the CPA-COPCE Award for the Most Outstanding Continuing Educational Activity in Canada, the Toronto French School Prix de Distinction des Anciens Élèves for making a significant impact in both his professional field and the community, and being named the Jane Chamberlain Keynote Lecturer for the Ontario Psychiatric Association Annual Conference and the R.O. Jones Memorial Keynote Lecturer for the Canadian Psychiatric Association Annual Conference.